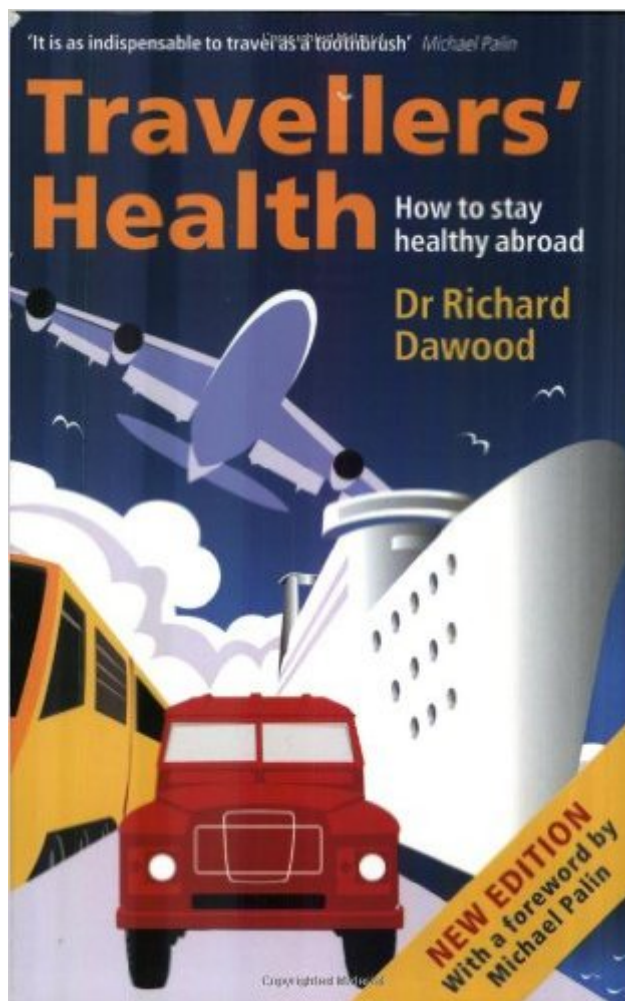


The book was found

Travellers' Health: How To Stay Healthy Abroad



Synopsis

International travel now takes place on an unprecedented scale, both for business and pleasure. With exotic places ever more accessible to everyone, it is increasingly important for travelers to be informed about the health problems they may encounter abroad. Travellers' Health: How to Stay Healthy Abroad provides indispensable advice for all those planning and undertaking journeys anywhere in the world. This fourth edition is a complete revision and update of this best-selling, comprehensive guide for the educated traveler. New malaria drugs, the latest vaccine information and advice, jet lag, deep vein thrombosis, and even landmines: this book covers every important issue in travel medicine, with the emphasis firmly on self-help and prevention. Travellers' Health is the leading guide to health problems abroad, and is widely used by doctors, nurses, and above all, by travelers themselves. This new edition brings together state-of-the-art background information and specialist advice from more than 80 leading experts. Travellers' Health is indeed the standard source for all travelers.

Book Information

Paperback: 762 pages

Publisher: Oxford University Press; 4 edition (2002)

Language: English

ISBN-10: 0192629476

ISBN-13: 978-0192629470

Product Dimensions: 7.7 x 1.5 x 5.1 inches

Shipping Weight: 1.1 pounds

Average Customer Review: Be the first to review this item

Best Sellers Rank: #2,478,641 in Books (See Top 100 in Books) #47 inÂ Books > Travel > Reference > Tips #50 inÂ Books > Textbooks > Medicine & Health Sciences > Medicine > Clinical > Tropical Medicine #86 inÂ Books > Medical Books > Medicine > Internal Medicine > Infectious Disease > Tropical Medicine

[Download to continue reading...](#)

Travellers' Health: How to stay healthy abroad Sicily: A Literary Guide for Travellers (The I.B.Tauris Literary Guides for Travellers) Should I Stay or Should I Go?: The Truth about Moving Abroad and Whether It's Right for You The Sky Travellers: Journeys in New Guinea 1938-1939 (Miegunyah Press) Ibn Fadlan and the Land of Darkness: Arab Travellers in the Far North (Penguin Classics) Take Back Your Life!: Using Microsoft Outlook to Get Organized and Stay Organized: Using

Microsoft(r) Outlook(r) to Get Organized and Stay Organized (Bpg-Other) Walk Your Way To Weight Loss 2nd edition: The Ultimate Guide On How To Lose Weight, Burn Fat & Stay Thin With Walking (Weight Loss, Exercise, work out, ... stay thin, energy, fitness, healing) Splitsville: How to Separate, Stay Out of Court and Stay Friends Too Good to Leave, Too Bad to Stay: Decide Whether to Stay In or Get Out of Your Relationship Muscle Myths: 50 Health & Fitness Mistakes You Don't Know You're Making (The Build Muscle, Get Lean, and Stay Healthy Series Book 3) Heart Health: Heart Healthy Cookbook: 30 Quick & Easy, Heart Healthy Greek Recipes For Smart Heart Health (cooking, weight loss, weight maintenance) (cooking, ... weight maintenance, weight watchers Book 1) Watch the Swiss: Insights and outlooks from abroad Adventure of a Lifetime: Studying Abroad in SWITZERLAND: 100+ tips and resources for making your trip perfect Double Passage: The Lives of Caribbean Migrants Abroad and Back Home ROMANIA EXPLAINED TO MY FRIENDS ABROAD: TAKE AWAY ROMANIA Romanian Gypsies: 9 true stories about what it's like to be a Gypsy in Romania (Romania Explained To My Friends Abroad Book 3) Who Were The Dacians? (Romania Explained To My Friends Abroad Book 5) Russian Music at Home and Abroad: New Essays Base Nation: How U.S. Military Bases Abroad Harm America and the World (American Empire Project) So You Got Stationed Overseas:: Why you NEED to make TRAVEL a part of your short PCS abroad

[Dmca](#)